# Day Camps That Build Confidence & Skills

Structured, engaging day camps designed for children ages 3–17 during school breaks. Our programs blend music, creativity, adventure, and self-discovery to help kids grow with confidence.

**Enroll Your Chil** 

View Schedul

# Flexible Scheduling That Works for Your Family

### **Morning Sessions**

10:00 AM - 1:00 PM

Perfect for early risers who love starting their day with energy and excitement. Each 3-hour session includes mini breaks, water, and healthy snacks.

### Half-Day Option

Choose morning or afternoon session for focused skill-building in a 3-hour block.

### Afternoon Sessions

2:00 PM - 5:00 PM

Ideal for families with morning commitments. Kids dive into hands-on activities with plenty of time to explore and create in a supportive environment.

#### Full-Day Option

Combine both sessions with a supervised lunch break for an immersive all-day experience.



# Small Classes, Big Impact

We believe every child deserves individual attention. Our small class sizes of 4–10 students ensure personalized guidance, meaningful interactions, and opportunities for every voice to be heard.

4-10

3hrs

5

Students Per Class

Optimal group size for personalized attention and peer connection

Session Length

Perfectly paced for engagement without overwhelm

Age Groups

Thoughtfully organized by developmental stage and ability

## Age-Appropriate Groups Designed for Growth

After a pre-assessment appointment, we place your child in the group that best matches their age and ability level. This ensures they're challenged appropriately while building confidence alongside peers.



#### Preschool

Ages 3–5

Playful exploration through sensory activities, music, and movement



#### Early Elementary

Ages 6-8

Building foundational skills with hands-on learning and creative expression



#### Later Elementary

Ages 9–11

Developing independence through projects, teamwork, and problem-solving



#### Pre-Teen

Ages 12-14

Exploring identity and capabilities with more advanced challenges



#### Teen Group

Ages 14-17

Leadership development and mastery-level skill refinement

Skill-Based Placement Available: We also offer ability-based grouping (beginner, intermediate, advanced) to ensure the perfect fit for your child's learning journey.

# Five Themes That Inspire Self-Discovery

Our camp curriculum revolves around five interconnected themes designed to help children discover their strengths, express themselves authentically, and build lasting confidence.

01

Music Appreciation & Expression

Explore rhythm, melody, and the joy of creating sound together

02

Human Biology & Senses

Discover how our bodies work and experience the world around us

03

Self-Exploration with Writing &

Art

Express thoughts and feelings through

creative storytelling and visual arts

04

Adventure Practice Indoor & Outdoor

Build courage and teamwork through physical challenges and exploration

05

Self-Defense & Safety

Learn practical skills for personal safety and confident selfadvocacy

## Music & Creative Expression

## Find Your Voice Through Sound

Children explore different musical instruments, rhythms, and styles while learning to appreciate diverse forms of expression. From simple percussion to singing together, music becomes a language for connection and creativity.

Activities include group performances, rhythm games, listening sessions, and opportunities to create original compositions. No prior musical experience necessary—just curiosity and a willingness to try!



# Understanding Ourselves: Biology & Senses



#### Visual Discovery

How we see the world and perceive colors, shapes, and movement



### Sound Exploration

Understanding how we hear and process different types of sounds



### Tactile Learning

Discovering textures, temperatures, and the power of touch

Through age-appropriate activities and experiments, children learn fascinating facts about their bodies and develop a deeper appreciation for their amazing capabilities. These lessons build body awareness and self-understanding.

## Adventure & Physical Confidence

Indoor Adventures



Outdoor Exploration



## Simple Registration Process

Complete Intake Form Share your child's interests, needs, and goals with us online Make Payment Secure your spot with flexible payment options Pre-Assessment 3 Meet with us to determine the best group placement Start Camp! Your child begins their confidence-building journey Post-Assessment 5 Receive feedback on growth and recommendations for continued learning

Membership Benefits: Families who enroll in multiple sessions receive priority registration, discounted rates, and progress tracking across all camps. We're committed to supporting your child's continuous development!

# Ready to Build Confidence?

## Available During All School Breaks

- Winter Break
- Spring Break
- Summer Holidays
- Other school vacation periods

Spots fill quickly! Secure your child's place in our next session today.

## What Parents Are Saying

"My daughter discovered a love for music and art she never knew she had. The small class size made all the difference!"

"The pre-assessment ensured my son was placed with the right group. He came home excited every single day."